



## St. Paulinus Catholic Primary School

*"We live in God. We walk with God. We are in God."*

taken from ACTS 17:28

# KSII



## Our Book of Prayers & Parts of the Mass

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*"Pupils' spiritual development is outstanding."* OFSTED May 2012



# Welcome

Welcome to our **Key Stage 2** prayer book –

We hope that you will enjoy praying with your children as much as we do within our school community.

Prayer is a shared experience, a conversation with God and we all have our own way of ‘talking and listening to God’. There is no ‘right’ way to pray !

Enjoy the experience of praying with your child.

These are traditional prayers that are said regularly in our school parish community.

Please help your child to become familiar with them.



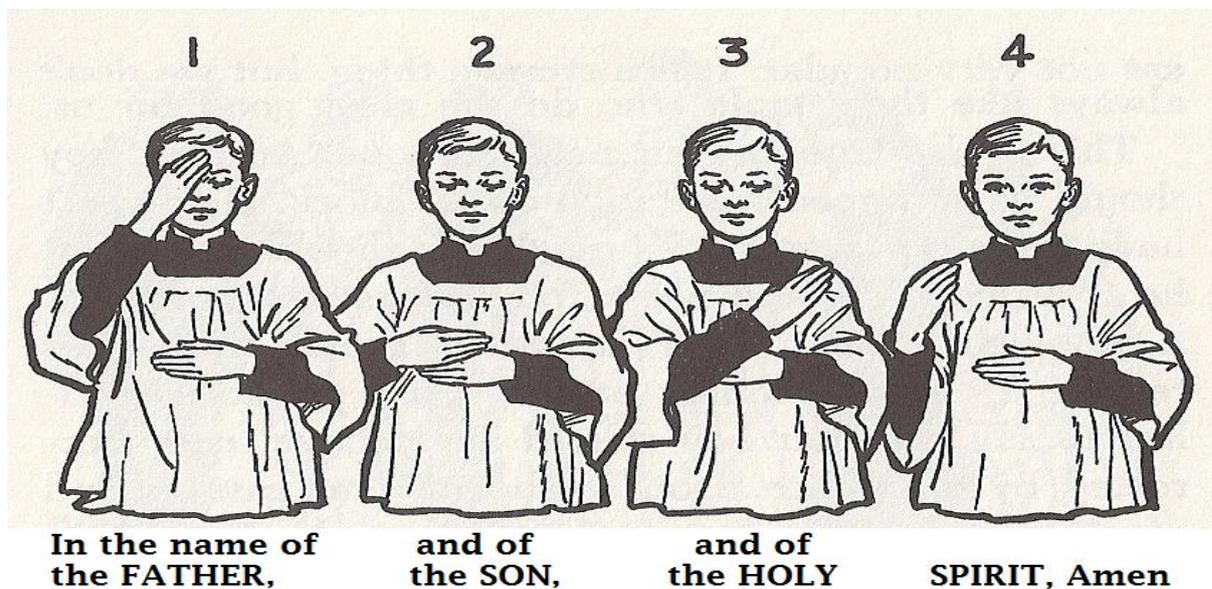
## The sign of the Cross

In the name of the Father  
and of the Son and the Holy Spirit.  
Amen



Actions to teach your child – with their right hand (1. touch your forehead – “In the name of the Father”, (2. touch your heart) “and of the Son” (3. touch your left shoulder) “and of the Holy” (4. touch your right shoulder) “Spirit” (join your hands)

Amen



An alternative way to teach your child the sign of the cross:  
**“From my head to my heart, from my shoulder to my shoulder, I belong to God”.**

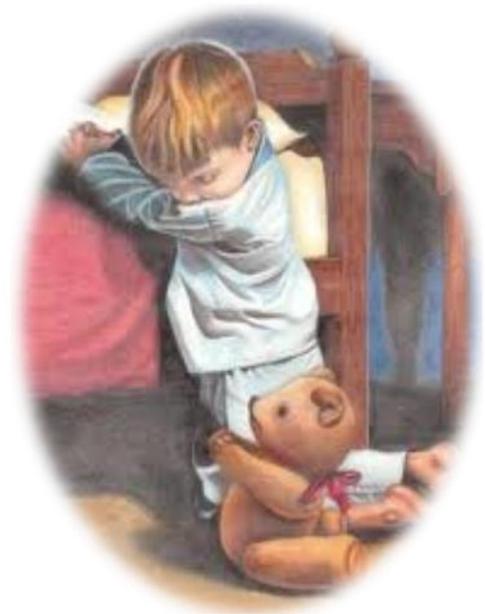
## **Morning Prayer**

Thank you God for this new day,  
In my school to work and play.  
Please be with me all day long,  
In every story, game or song.  
May all the happy things we do  
Make you Father happy too.  
Amen



## **Night Prayer**

God our Father,  
I come to say thank you for your love today,  
Thank you for my family and all the friends you give to me.  
Guard me in the dark of night  
And in the morning send your light.  
Amen



## **Prayer before meals**

Bless us O God as we sit together,  
Bless the food we eat today,  
Bless the hands that make the food,  
Bless us O God.  
Amen



## **Prayer after meals**

Thank you God for the food we have eaten,  
Thank you God for all my friends,  
Thank you God for everything.  
Amen





## Our Father

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth  
as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us.

And lead us not into temptation,  
but deliver us from evil.

Amen.

## **Hail Mary**

Hail Mary, full of grace, the lord is with thee.  
Blessed art thou amongst women,  
And blessed is the fruit of thy womb Jesus.  
Holy Mary, mother of God, pray for us sinners,  
Now and at the hour of our death.  
Amen



## **Glory Be**

Glory be to the Father and to the Son  
And to the Holy Spirit as it was in the beginning,  
Is now and ever shall be,  
World without end.  
Amen

## **Eternal Rest**

Eternal rest grant unto them O Lord,  
And let perpetual light shine upon them,  
May thy rest in peace.  
Amen



## **Gloria**

Glory to God in the highest,  
And on earth peace to people of good will.

We praise you,  
We bless you,  
We adore you,  
We glorify you,  
We give you thanks for your great glory  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
You take away the sins of the world, have mercy on us;  
You take away the sins of the world, receive our prayer;  
You are seated at the right hand of the Father,  
have mercy on us.



## **Nicene-Constantinopolitan Creed**

The Nicene-Constantinopolitan Creed (also called the Nicene Creed, the Symbol of Faith, the Pistevo, or simply the Creed)

I believe in one God, the Father almighty,  
Maker of heaven and earth,  
Of all things visible and invisible.

I believe in one Lord Jesus Christ,  
The Only Begotten Son of God,  
Born of the Father before all ages.  
God from God, Light from Light,  
True God from true God,  
Begotten, not made, consubstantial with the Father;  
Through him all things were made.  
For us men and for our salvation  
He came down from heaven,  
And by the Holy Spirit was incarnate of the Virgin Mary,  
And became man.

For our sake he was crucified under Pontius Pilate,  
He suffered death and was buried,  
And rose again on the third day  
In accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
To judge the living and the dead  
And his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
Who proceeds from the Father and the Son,  
Who with the Father and the Son is adored and glorified,  
Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
And I look forward to the resurrection of the dead  
And the life of the world to come.  
Amen



*After the Preface, the people sing or say:*

Holy, holy, holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest  
Blessed is he who comes in the name of the Lord  
Hosanna in the highest.

## **Memorial Acclamation**

*All kneel. The Priest continues with the Eucharistic Prayer. After the words of Consecration:*

*Priest:* The mystery of faith

*All:* We proclaim your Death, O Lord,  
And profess your Resurrection,  
Until you come again.

*Or:* When we eat this Bread and drink this Cup,  
We proclaim your Death, O Lord,  
Until you come again.

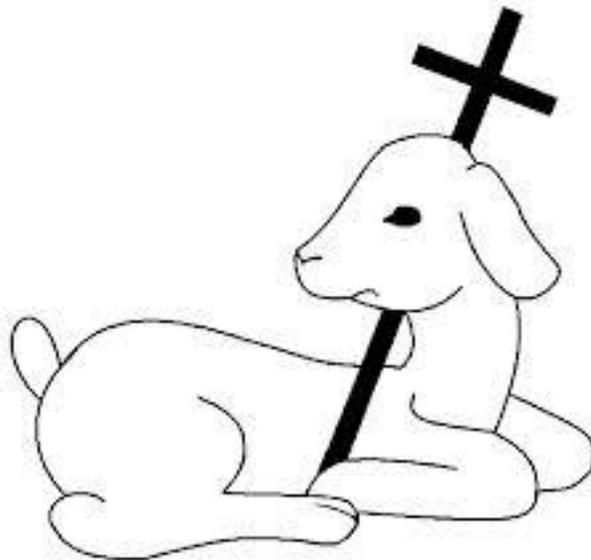
*Or:* Save us, Saviour of the world,  
For by your Cross and Resurrection  
You have set us free.

## **Lamb of God**

Lamb of God, you take away the sins of the world;  
Have mercy on us.

Lamb of God, you take away the sins of the world;  
Have mercy on us.

Lamb of God, you take away the sins of the world;  
Grant us peace.



## **Invitation to Communion**

Lord, I am not worthy  
That you should enter under my roof,  
But only say the word  
And my soul shall be healed.

## SACRAMENT OF RECONCILIATION

Only Catholic children who have made their First Holy Communion

Each child comes forward and goes to one of the Priests to celebrate the Sacrament of Reconciliation.

Child :      *Bless me Father for I have sinned it has been ..... (days / months / year) since my last confession.*

*I ask God's forgiveness for all my sins especially :*

.....

....

Priest :      *May the Lord bring you pardon and peace, and I absolve you of your sins : In the name of the Father and all the Son and of the Holy Spirit.*

Child :      *Amen*

Priest :

Child :      *O my God  
Because you are so good,  
I am sorry for all my sins,  
And with your help,  
I will not sin again. Amen.*

*Fr. John will close with blessing.*

In addition to the traditional prayers that we say – we use everyday situations to ‘talk to God’ ...

For example, night prayer is very important – the close of the day is an opportunity to share a quiet time with your child / children and to thank God for the gifts or challenges of the day.



We encourage children to say thank you to God :



Thank you God for a lovely day, thank you God for my family, thank you God for .....

We have also included some of our own favourite prayers which you may like to use.

## **Guardian Angel**

Angel of God, my guardian dear,  
To whom God's love commits me here,  
Ever this day be at my side,  
To light and guard,  
To rule and guide me.  
Amen



## **Circle Me**

Circle me O God and keep me safe  
Circle me O God and let me know you love me  
Circle me O God and let you know you care for me  
Circle me O God, and let me know you are with me

\*\* this could be used as a circle 'us' prayer



These blank pages are for you to write your own prayer, a chance for you to talk to God in your own words. It could be a “thank you” prayer or a prayer to say “sorry” .... it’s up to you.





## **The Sculptors**

**I dreamt I stood in a studio  
And watched two sculptors there.  
The clay they used was a young child's mind  
And they fashioned it with care.  
One was a teacher;  
The tools he used were books, music and art,  
One a parent,  
With a guiding hand, and a gentle, loving heart.  
Day after day the teacher toiled  
With a touch that was loving and sure;  
While the parent laboured by his side  
And polished and smoothed it over;  
And when at last their task was done,  
They were proud of what they had wrought  
For the things they had moulded into the child  
Could neither be sold or bought.  
And each agreed he would have failed,  
If he had worked alone,  
For behind the parent stood the school,  
And behind the teacher,  
The home.**