



The Blessed
Peter Snow
Catholic Academy Trust



St. Paulinus Catholic Primary Academy

Part of the Blessed Peter Snow Catholic Academy Trust

Inspiring all to live, learn and love in the light of Jesus.

(cf John 8:12)



Friday 17th May 2024



Dear Parents/Carers,

We have introduced a program to all year groups at school called My Happy Mind. My Happy Mind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

My Happy Mind is delivered in schools by class teachers through a series of interactive lessons and then the children apply these learnings throughout the day.

To further embed this learning, My Happy Mind has developed a Parent App. These resources can be accessed online on your computer, or through an app on your phone. The Parent App will support you as a parent in understanding what your child is learning, activities for you to do together at home and also a Kids Zone featuring My Happy Mind Games plus much more!

To access these materials just go to <https://myhappymind.org/parent-resources> to create your free account. You will need to enter your name, email, and authentication code.

Your authentication code is **148485**



Or simply scan this QR code to sign up.

Once you have created your account, you will receive an email with the next steps on downloading the app.

We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum.

If you have any questions about My Happy Mind, please contact your class teacher.

Yours faithfully

Mr. D. Hutton

KS2 Assistant Head

'An outstanding school, which is deeply committed to the Catholic mission... this school inspires all within this faith community to live life to the full.' Ofsted 2017

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